



23rd Annual

Crimson Lake Trail Run

Saturday, August 19, 2017

Crimson Lake Provincial Park

formerly David Thomson Trail Run / Brian Mazza Memorial Trail Run



10 km Trail Run

10:30 a.m. Start
\$25.00 Registration

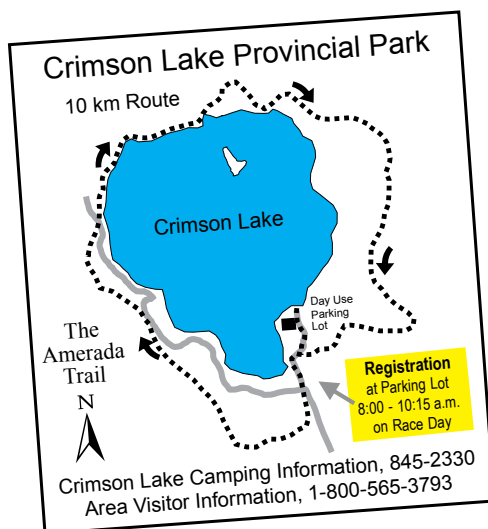
20 km Trail Run

9:00 a.m. Start
\$35.00 Registration

3 km Trail Run

9:45 a.m. Start
Entry Fee:
\$10 - Ages 16 and over
\$5 - Ages 15 and under

Signed Release required if under 18 years



Registration includes t-shirt, refreshments and numerous draw prizes. Registrations received on or before August 11, 2017, will receive a t-shirt. Later entries will receive a t-shirt while quantities last.

Registration:

Send Completed Entry Form to:

Crimson Lake Trail Run
c/o The Mountaineer
4814 - 49 St., Rocky Mtn. House, AB
T4T 1S8

Make cheques payable to:
Crimson Lake Trail Run

E-mail entries to:
crimsonlakerun@gmail.com
and submit payment by e-Transfer

No refunds will be given.

Registration opens at 8:30 a.m. on Race Day at Crimson Lake Provincial Park Parking Lot

Please Note: Registration closes 15 minutes before start of race

Race information on Facebook:
Crimson Lake Trail Run

Questions? Contact Phil & Yvonne Lacerte
Phone: 403-845-5814
e-mail: crimsonlakerun@gmail.com

CRIMSON LAKE TRAIL RUN • August 19, 2017

Last Name: _____

Date of Birth (DD/MM/YY): _____

First Name: _____

Male Female Check Only One Category in One Race:

Mailing Address: _____

City: _____

Province: _____ Postal Code: _____

E-mail: _____

Phone # (cell) _____ (h) _____

| 20 KM RACE |
|---------------------------------------|
| <input type="checkbox"/> 19 & Under |
| <input type="checkbox"/> 20 - 29 yrs. |
| <input type="checkbox"/> 30 - 39 yrs. |
| <input type="checkbox"/> 40 - 49 yrs. |
| <input type="checkbox"/> 50 - 59 yrs. |
| <input type="checkbox"/> 60 yrs. + |

| 10 KM RACE |
|---------------------------------------|
| <input type="checkbox"/> 19 & Under |
| <input type="checkbox"/> 20 - 29 yrs. |
| <input type="checkbox"/> 30 - 39 yrs. |
| <input type="checkbox"/> 40 - 49 yrs. |
| <input type="checkbox"/> 50 - 59 yrs. |
| <input type="checkbox"/> 60 yrs. + |

| 3 KM RACE |
|---------------------------------------|
| <input type="checkbox"/> 8 & Under |
| <input type="checkbox"/> 9 - 12 yrs. |
| <input type="checkbox"/> 13 - 15 yrs. |
| <input type="checkbox"/> 16 - 19 yrs. |
| <input type="checkbox"/> 20 yrs. + |

WAIVER: I agree to comply with the rules, regulations and event instructions of the Crimson Lake Trail Run. In consideration of your accepting this entry, I for myself and anyone acting on my behalf, waive and release any and all claims for injuries and damages I may have against the Race Committee, Crimson Lake Provincial Park, race volunteers, sponsors, their agents and relatives. I attest that I am physically fit and have trained for the completion of the Crimson Lake Trail Run.

Indicate method of payment:

Cash Cheque
 e-Transfer (crimsonlakerun@gmail.com)

Signature: _____ Date: _____
(Parent if Under 18 Years)

Race Number
(assigned on race day)